

# FITWIZE

## Mini GYM



Join us for a **FREE TRIAL CLASS** to see if Fitwize Mini Gym is the perfect fit for your child!

**FREE  
Trial**

**DECEMBER 2 - DECEMBER 13**

Fitwize offers Parent/Child and Preschool Gymnastic classes in our 5,000 square foot facility. Your child will learn to develop their fine and gross motor skills, gain cognitive abilities, explore sensory experiences and more! Our 45-minute classes are designed with a low student-to-teacher ratio and lessons change weekly to provide the utmost fun!

### PARENT/CHILD CLASSES (parents participate)

	Mon	Tue	Wed	Thu	Fri
10-18 MO	<b>Bear Cubs</b> 9:15am	11:15am	10:15am	9:15am	11:15am
18-36 MO	<b>Little Bears</b> 10:15am	9:15am	11:15am	10:15am	9:15am

### PRESCHOOL GYMNASTICS (parents observe)

3-4 YRS	<b>Bouncing/ Balanced Bears</b> 11:15am	10:15am	9:15am	11:15am	10:15am
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Enroll in  
Your **FREE**  
Trial Class here:

